## Our Savior's Lutheran Church 5560 S. 2300 W. Roy, UT 84067

# The Messenger Sep 2023

# Worship Services Schedule

9:30 AM – WORSHIP SERVICE 10:30 SUNDAY SCHOOL 11:30 AM – CONTEMPORARY WORSHIP

Summer Sanctification – The Simul By: Pastor Bruce Grentz

#### Summer Sanctification - The Simul

I know summer is almost over but even though the kids are back in school and we are almost back in our normal non-summer routines, we still need to think about our sanctification – becoming like Christ (Romans 8:29).

You might have wondered about the title of this article, "The Simul." The simul is short for a Latin phrase Martin Luther coined that describes our condition as believers. It stands for "Simul Justus et Peccator" (see mul you stus et peck a tour). In Latin that means, at the same time, simultaneously, believers are both saints and sinners. We see this in Paul's life, a faithful believer, struggling with his flesh in Romans 7. He knows he needs to be delivered from his flesh and also, that he has been delivered from his flesh through Christ. He cries this out in Romans 7:24,25, "Wretched man that I am! Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin."

The simul fits with my personal experience as well as many others I counseled. As I worked with clients for over twenty years, it could be very helpful to clients with a perfectionistic bent to let them know they were both saints and sinners. This was before I became a Lutheran so when I read and studied "the Simul" it made total sense to me. Luther's understanding of a believer's experience as both saint (justus – just) and sinner (peccator) squared with my experience and many believers I had counseled. Hence, Luther's description of the simul resonated with me both intellectually and practically.

What is so interesting to me is that Object Relations Theory of human development agrees with Luther. Object Relations asserts that healthy individuals accept both their good and bad sides. Being a secular theory of development, it does not use terms like "saint" or "sinner." However, it does admit that everyone has good and bad parts of them and everyone considers themselves either good or bad. When we don't accept either the good or bad side of ourselves, then we are using a defense mechanism labeled as "spitting." Dr. Kristalyn Salters-Pedneault defines splitting as "a term used in psychiatry to describe the inability to hold opposing feelings, or beliefs. Some might say that a person who splits sees the world in terms of black or white—all or nothing. It's a distorted way of thinking in which the positive or negative attributes of a person or event are neither weighed nor cohesive."

www.verywellmind "Splitting and Borderline Personality," November 17, 2022

Unfortunately, when we use "splitting" as a defense mechanism, we often project either our good or bad sides onto others. Narcissists project their bad side onto others as no one is a skilled, smart, sophisticated as they. Others, particularly borderline personalities project their good side onto others. They need others to be good because they are so bad, they can't make it without the all-good other. But if the all-good other lets them down in any way, they will go from all good to all bad in a heartbeat and the relationship might even end over a minor problem.

For believers, we must embrace that we are both new creatures in Christ, forgiven, justified, clothed in Christ's righteousness, saints and selfish, self-centered, egotistical, self-promoting, proud, self-worshipping sinners at the same time. Embracing both sides of us, saint and sinner, good and bad, will align our spiritual perspective of ourselves with God's perspective of us. He knows how deeply fallen we are yet loves us with a love and grace that is greater than all our sin.

As Pastor Bruce Timm said in an article on The Simul at <a href="www.steadfastlutherans.org">www.steadfastlutherans.org</a>, "You are declared right in Christ while you are a sinner. (That is who you are.) You will sin, even as you are holy and righteous in God's sight through Christ, and by that same grace of God you will always be fighting your sin. (That is what it is like to live the Christian life.) That's living in "the Simul."

Grace and Peace, Pastor Bruce

#### **OSLC COUNCIL PRESIDENT:** John Deitsch

#### Council President September Newsletter Article Submittal

Last month I highlighted one part of our Mission Statement, and since I believe that understanding our Mission Statement is critical to our being unified in purpose as a congregation, I would like to continue the emphasis on our Mission Statement in this month's article.

"Our Savior's Lutheran Church is a scripture based, welcoming fellowship of believers who proclaim the Gospel of our Lord Jesus Christ, and who, through our support of and connecting with each other, the local community, and children of God everywhere, strive to *love Christ and all others.*"

In this article, I will focus on what it means to be "Our Savior's Lutheran Church."

First off, we are Lutheran, and adhere to the confessions, beliefs, and disciplines of the Lutheran faith. We will honor the history and traditions of both Lutheran theology and of Our Savior's Lutheran Church. We will be open minded to adapt when new circumstances and changing times require it, but always we will confirm our faith and not conform it. We are also a member of Lutheran Congregations in Mission for Christ, which places emphasis on the freedom for our congregation to be creative in how we do ministry and for how we work together to transform lives as we serve our Triune God.

Next, we are a Church; we will look to our Pastor to be the spiritual leader of our congregation and to the Council to manage business affairs and to direct the functions and activities of our church. We have an obligation to support them and respect their leadership, but also to hold them to account for their actions and decisions. Every member has voice that should be listened to and considered, and every member has a duty to express concerns so that the Pastor and Council have the knowledge and awareness to make informed decisions on behalf of the congregation. We will respect that actions taken by our church's leadership need to be taken in the best interest of the entire congregation and not to serve any individual member or group.

And now on to some Church business. At the time of this writing, we have two Ministry Leader positions that we are needing to fill. The Connect Ministry Leader role has been open since January, and the Grow Ministry Leader role just recently opened when Justine Ashcraft made the difficult decision to resign from that position after serving wonderfully for two years in that role, plus many more as a Sunday School teacher. She will continue to help with Sunday School. These two ministries are well established and have committed volunteers supporting them, so anyone who steps into these

leadership roles should have a relatively easy and smooth transition. If you have questions about or are interested in filling one of these two vacancies, please contact the Council Liaison for the ministry you are interested in. For the Grow Ministry, contact Adam Nourse; and for the Connect Ministry, contact Annie Baugh. You can also let any member of the Council know and they will be able to pass your questions or interest along.

To wrap things up, I would like to say that as your Council President, it has been and continues to be an honor and a privilege to represent and serve each and every one of you. With such a diverse congregation and with everyone coming from different backgrounds and having different experiences and being at different points on their walk of faith, it can sometimes be a challenge. However, it is well worth the effort because we all share a common faith and recognize Jesus as our Lord and Savior; and there is no challenge too great when we come together to praise and worship and serve our Triune God. I am also blessed with an incredible Council team! I respectfully request that you pray for me, and for the Council, that we may provide the leadership that you all deserve. Together we are *OSLC STRONG!* 

#### **MINISTRY & TEAM REPORTS**

#### Worship & Music Ministry:

Mark Nourse (Co-Chairman)
Minuette Grentz (Co-Chairman)

**Alan Huss (Counsel Liaison)** 

Nothing to report

#### **Grow Ministry:**

**Justine Ashcraft (Chairman)** 

**Adam Nourse (Council Liaison)** 

Sunday School will be starting September 17<sup>th</sup>. Hope everyone had a great summer!

#### **Connect Ministry:**

#### **VACANT** (Chairman)

#### **Annie Baugh (Council Liaison)**

Men's Prayer Breakfast will be on September 9th, which is on the second Saturday due to the Labor Day holiday. It will be held in the Fellowship Hall at 8:00 AM. The Prayer Breakfast is open to all men, young and old, members and friends of OSLC. Come one, come all! Great food, a Devotional, and good Christian discussion (and usually some fun bantering back and forth can be expected) by all who attend. We are in search of a couple of men to host this month of September. Thank you.

#### **Service & Outreach Ministry:**

#### Ashley Kaiser (Chairman)

Leo Seeber (Council Liaison)

Roy Elementary was so very thankful for all of the school supplies that were donated. Thank you to all who donated. One day I checked the basket and there were only a few things, and two weeks later upon returning from vacation, the basket was overflowing. I look forward to supporting them in the future.

I also want to thank those of you who were able to help with Family Promise in August. If you are interested in getting involved and helping in the future, please let me know. Our next week to help will be in November.

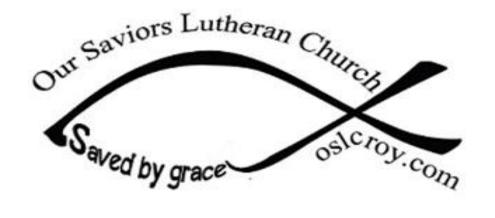
The Second Sunday Offering in September, will take place September 10th. It will go to Intervarsity Christian Fellowship at Weber State.

Lastly, I was touched by Janet Tow's announcement about Open Hands last week, and the number of people in need. There is a basket in the back for Open Hands, and I would love to see it filled with non-perishable food items during the month. If you can, pick up a few extra items while you are out shopping, and we can donate it all at the end of September.

Thank you for supporting this ministry and showing your love to those in the surrounding community. Our little church is filled with so much love.

**Ashley** 

Worship Assistants							
Date	Time	Acolytes Sheila Courtney 385 626-8291	Greeters Pat Simonson 801 721-7678	Ushers Pat Simonson 801 721-7678	Projectionist Antonio Ramirez 801 425-3356	Camera Barb McFarland 801 668-9709	Altar Guild Sandee Isaacson 801 388-6694
3 Sep	9:30	Nate	Schmid's	Schmid's	Jack Baldor		Kim S
3 Sep	11:30	Lexie	Mary L	Mary L			
10 Sep	9:30	Wyatt	Pat S	Katherine	Antonio	Anden	Kim F
10 Sep	11:30	Lexie	Stacy A	Stacy A			Diane
17 Sep	9:30	Callie	Campbell's	Campbell's			Sandee
17 Sep	11:30	Lexie	Stacy A	Stacy A			
24 Sep	9:30	Wyatt	Don and Barb	Don and Barb			Kim F
24 Sep	11:30	Lexie	Diane N	Diane N			



### **Church Wide Info**

Men's Prayer Breakfast - Sep 9, 8:00am

**Rally Day** – Sep 10, 10:30am

**Oktoberfest** – The men's prayer breakfast group voted to host Oktoberfest to be held on October 7<sup>th</sup>. With the help of other ministries and individuals, we can have a successful fellowship celebration. The menu will consist of brats, German potato salad, sauerkraut, German chocolate cake and BYOB. There will be sign ups in the back for food donations and attendance. The cost will be \$8.00 for adults and \$5.00 for children under 13. More information will follow.

**2023 Advent Bruch and Secret Sister** – Secret Sister reveal is scheduled for Saturday, December 9 beginning at 9 am. All ladies and teenaged girls are invited to attend as we spend time together with a short devotion, brunch, and the reveal of the 2023 Secret Sisters. You do not need to be a Secret Sister to attend – all are welcome. Sign-ups for food and more information will be coming closer to the event. Thank you!

- A Look Ahead –
- Saturday Sept 9<sup>th</sup> Men's Prayer Breakfast.
- Sunday Sept. 10<sup>th</sup> Rally Day
- Saturday Sept. 16<sup>th</sup> Sylvia Jones Memorial Golf Tournament
- Saturday Oct. 7<sup>th</sup> Men's Prayer Breakfast
- Saturday Oct. 7<sup>th</sup> Oktoberfest
- Fri-Sun Oct. 13-15 LCMC Annual Meeting Idaho Falls, Idaho
- Friday Oct. 20th Trunk or Treat
- Saturday Nov. 4<sup>th</sup> Men's Prayer Breakfast
- Sunday Nov. 5<sup>th</sup> Alpha Food Drive Starts
- Saturday Dec. 2<sup>nd</sup> Men's Prayer Breakfast
- Sunday Dec. 3<sup>rd</sup> Alpha Food Drive Ends
- Sunday Dec. 10<sup>th</sup> Deliver Alpha Food Drive
- Sunday Dec. 17<sup>th</sup> Childrens Christmas Program
- Sunday Dec. 17<sup>th</sup> Annual Meeting



This Photo by Unknown Author is licensed under CC BY-NC

	September 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1 5:30p Girl Scouts Troop #1710	2	
6 8:15a Band Practice 9:30a Worship Service 11:30a Contemporary Worship	5:30p Girl Scouts Troop #773	5	6 12:00p Bible Study Fellowship Hall 5:30p Girl Scouts Troop #970 6:00p Band Practice 7:00p Prayers of the People - Facebook	7 6:00p Praise Band Practice 6:00p Girl Scout Troop #807	8 5:30p Girl Scouts Troop #1710	9 8:00a Men's Prayer Breakfast 9:00a Open Hands Food Pantry	
10 8:15a Band Practice 9:30a Worship Service 1030a Rally Sunday 11:30a Contemporary Worship	5:30p Suncrest Service Unit (GSA)	12 6:00p Girl Scouts Troop #111	9:00 Quilters 12:00p Bible Study Fellowship Hall 5:30p Girl Scouts Troop #970 6:00p Band Practice 7:00p Prayers of the People - Facebook	14 9:00 Quilters 5:00p Girls Advisory Board (GSA) 6:00p Praise Band Practice 6:30p Church Council Meeting	15	16 Sylvia Jones Memorial Golf for the Son Tournament	
17 8:15a Band Practice 9:30a Worship Service 1030a Sunday School 11:30a Contemporary Worship	18 5:30p Girl Scouts Troop #773	19	12:00p Bible Study Fellowship Hall 5:30p Girl Scouts Troop #970 6:00p Band Practice 7:00p Prayers of the People - Facebook	Practice	<b>22</b> 5:30p Girl Scouts Troop #1710	9:00a Open Hands Food Pantry  HAPPY FIRST DAY OF FALLS	
24	25 5:30p Girl Scouts Troop #773	26 6:00p Girl Scouts Troop #111	27 12:00p Bible Study Fellowship Hall 5:30p Girl Scouts Troop #970 6:00p Band Practice 7:00p Prayers of the People - Facebook	28 5:00p Girls Advisory Board (GSA) 6:00p Praise Band Practice	29	30	

2023 Church Council Members 2 Aug 2023					
Name	Position	E-Mail Address	Cell Phone		
Bruce Grentz	Pastor	bgrentz@gmail.com	801-721-1922		
John Deitsch	President	jdeitsch29@gmail.com	801-645-6087		
Josh Ashcraft		ashcraft757@hotmail.com	801-628-2133		
Adam Nourse	Grow	adamnourse@gmail.com	801-309-4565		
Annie Baugh	Connect	anniecoyle@aol.com	801.808.1999		
Dave Engen		davidlarsengen@gmail.com	801-389-6279		
Renae Schmid		renaeschmidmk@comcast.net	801-391-2537		
Alan Huss	Worship & Music	adhuss@hotmail.com	801-725-1373		
Leo Seeber	Service & Outreach	seeber2004@msn.com	801-721-0504		
Dan Kartak		dkartak@Gmail.com	801-540-0647		
Don McFarland Patrick Barrett	Treasurer - Not Voting	ddseambe@outlook.com pbarrett66@gmail.com	801-814-7486 801-920-9239		
Patrick Barrett Gerri Wessner	Financial Secretary - Non Voting	pbarrett66@gmail.com Chasin2@live.com	801-920-9239 801-920-4681		
Kim Fasig	Council Secretary - Non Voting	tkfasig@comcast.net	801-628-2616		
Church Contact					
	Church Office	oslcroyutah@qwestoffice.net	801-825-6552		
John Crossfield	Facility Manager	johncrossfield715@msn.com	801.791.5447		
Barb McFarland	Church Secretary	Foxbam@msn.com	801-668-9709		
	Secretary Sub				

Ministry		Ministry Liaison	Ministry Leader
Worship & Music		Alan Huss	Mark Nourse
·	Wedding Coordinator		Minuette Grentz
	Funeral Coordinator		
	Musicians		
	Altar Guild		
	Pulpit Supply		
	Audio Visual		
	Acolytes		
	Communion Assistants & Lectors		
	Ushers & Greeters		
Grow		Adam Nourse	Justine Ashcraft
	Children's Education		
	Adult Education		
	Bible Study Groups		
	Vacation Bible School		
Connect		Annie Baugh	VACANT
	Fellowship		
	Men's Activities		
	Women's Activities		
	Hospitality Team		
	Home Visits		
	Visitor Bags		
Service & Outreach		Leo Seeber	Ashley Kaiser
	Communion Teams		
	Card Ministries		
· ·	Angel Team		
·	Prayer Warriors		

#### **SEP HOSPITALITY TEAM**

Kim & Tim Fasig – Coordinator Lana Junk Don & Barb McFarland Diane Nath Leo & Karen Seeber Darrell Wolfe Garrett & Karina Fasig



#### **HAPPY BIRTHDAY**

- 1 Sep Dawn Baldor
- 4 Sep Kim Showman
- 5 Sep Pat Turner
- 8 Sep Laurie Hall
- 10 Sep Cody Kapinos
- 12 Sep Steve Molding
- 14 Sep Elizabeth Boll
- 17 Sep Katherine Redwine
- 21 Sep Barb McFarland
- 25 Sep Terry Schmid
- 26 Sep Annie Baugh
- 26 Sep Bob Harvey
- 28 Sep Callie Cooper
- 28 Sep Lee Allen
- 29 Sep Vicki Ramirez

#### Time Sensitive Material

PRSRT STD NON-PROFIT U.S. POSTAGE PAID PERMIT NO. 1 Roy UT

Our Savior's Lutheran Church

Return Service Requested.

5560 S. 2300 W. Roy, UT. 84067

Phone: 801-825-6552 Fax: 801-776-2818

E-mail: OSLCroyutah@qwestoffice.net

Web Site: oslcroy.com

## **Sep Lectionary**

Date	Sunday	1st Reading	Psalm	2nd Reading	Gospel
	14 <sup>th</sup> Sunday after	Jeremiah 15:15-			Matthew 16:21-
3 Sep	Pentecost	21	Psalm 26	Romans 12:9-21	28
	15 <sup>th</sup> Sunday after		Psalm 32:1-		
10 Sep	Pentecost	Ezekiel 33:7-9	7	Romans 13:1-10	Matthew 18:1-20
	16 <sup>th</sup> Sunday After	Genesis 50:15-	Psalm		Matthew 18:21-
17 Sep	Pentecost	21	103:1-12	Romans 14:1-12	35
-	17 <sup>th</sup> Sunday after		Psalm 27:1-	Philippians 1:12-	
24 Sep	Pentecost	Isaiah 55:6-9	9	14, 19-30	Matthew 20:1-16